

S1 = Anabolic Agents  
 S1a= Anabolic Androgenic Steroids (AAS)  
 S1b= Endogenous AAS  
 S1c= Other Anabolic Agents  
 S2 = Hormones and related Substances  
 S3 = Beta-2 Agonists  
 S4 = Agents with Anti-Estrogenic Activity  
 S5 = Diuretics and Other Masking Agents

M1 = Enhancement of Oxygen Transfer  
 M2 = Chemical and physical Manipulation  
 M3 = Gene Doping

S6 = Stimulants  
 S7 = Narcotics  
 S8 = Cannabinoids  
 S9 = Glucocorticosteroids

The German writing style of the substances may differ from the English one (e.g. "f" instead of "ph", "y" instead of "i" a.s.o.). In every case the English spelling has priority.

This **proMASTERS-Findex**® does not claim legal validity. Officially the list of WADA is the exclusive valid source and can be accessed under  
 „[http://www.wada-ama.org/documents/world\\_anti-doping\\_program/wadp-prohibited-list/wada\\_prohibited\\_list\\_2010\\_en.pdf](http://www.wada-ama.org/documents/world_anti-doping_program/wadp-prohibited-list/wada_prohibited_list_2010_en.pdf)“  
 and  
 „[http://www.nada-bonn.de/fileadmin/user\\_upload/nada/downloads/listen/2010\\_prohibited\\_List\\_final\\_en\\_web.pdf](http://www.nada-bonn.de/fileadmin/user_upload/nada/downloads/listen/2010_prohibited_List_final_en_web.pdf)“

The **Findex**® -List merely offers a point of orientation. The compulsory WADA or NADA lists should always be consulted. **proMASTERS** does not assume any liability whatsoever for its correctness and/or completeness, however, it will always try to keep them updated. Glucocorticosteroids are noted under this collective name only. Because of that special attention has to be directed on the question if a given substance falls in this group. The **proMASTERS-Findex**® is based on the official WADA Prohibited Substances List, status 1.1.2010.  
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The **proMASTERS-Findex**® enables quick identification of "prohibited substances" in accordance with the currently valid list of WADA (World Anti-Doping Agency) – "The 2010 Prohibited List – International Standard" – **valid as of 1.1.2010**

**proMASTERS-Findex**® is sorted alphabetically and refers to the individual illicit groups (S – prohibited substances; M- prohibited methods). Optically, the coloured background indicates which are generally prohibited substances (blue = during and outside of a competition) contrasted with those prohibited during competition (yellow).

**Always prohibited (during and outside of competition):**  
**S1 – S5 + M1 – M3**

**Prohibited during competition: S6 – S9**

17α-ethynyl-17β-hydroxyandrost-4-eno[2,3-d]isoxazole	S1a
17α-metyl-5α-androst-2-en-17β-ol	S1a
17β-hydroxy-17α-methyl-5α-androst-1-en-3-one	S1a
17β-hydroxy-17α-methyl-5αandrostanol[2,3-c]-fuzazan	S1a
17β-hydroxy-17α-methylandrosta-1,4-dien-3-one	S1a
17β-hydroxy-17α-methylestr-4-en-3-one	S1a
17β-hydroxy-17α-methylestra-4,9,11-trien-3-one	S1a
17β-hydroxy-17α-methylestra-4,9-dien-3-one	S1a
17β-hydroxy-5α-androst-1-en-3-one	S1a
17β-hydroxy-5α-androstan-3-one	S1b
17β-hydroxy-5α-androstano[3,2-c]pyrazole	S1a
18α-homo-pregna-4,9,11-trien-17β-ol-3-one	S1a
19-nor-17α-pregna-4-en-17-ol	S1a
19-Norandrostenediol	S1a
19-Norandrostenedione	S1a
19-Norandrosterone	S1b
19-Noretiocholanolone	S1b
1-Androstendiol	S1a
1-Androstendione	S1a
1-Testosterone	S1a

2α-17α-dimethyl-5α-androstane-3-one-17β-ol	S1a
3α-hydroxy-5α-androstan-17-one	S1b
3β-hydroxy-5α-androstan-17-one	S1b
4,17β-dihydroxyandrost-4-en-3-one	S1a
4-androstene-3,6,17 trione (6-oxo)	S4
4-Androstenediol	S1b
4-chloro-17β-hydroxy-17α-methylandrosta-1,4-dien-3-one	S1a
4-Hydroxytestosterone	S1a
4-Phenylpiracetam (Carphedon)	S6
5-Androstenedione	S1b
5α-Androst-1-ene3, 17-dione	S1a
5α-Androst-1-ene-3β, 17β-diol	S1a
5α-Androstane-3α, 17α-diol	S1b
5α-Androstane-3α-17β-diol	S1b
5α-Androstane-3β, 17α-diol	S1b
5α-Androstane-3β, 17β-diol	S1b
Acetazolamide	S5
Adrafinil	S6
Adrenaline	S6
Agents modifying myostatin function(s)	S4
AICAR	M3
Albumin	S5
Alclomethasondipropionat,	S9
Amcinonid	S9
Amfepramone	S6

Amiloride	S5
Aminoglutethimide	S4
Amiphenazole	S6
Amphetamine	S 6
Amphetaminil	S6
AMPK	M3
Anabolic agents	S1a
Anabolic Androgenic Steroids (ASS)	S1a
Anastrozole	S4
Androst-4-ene-3,17-dione	S1b
Androst-4-ene-3 $\alpha$ , 17 $\alpha$ -diol	S1b
Androst-4-ene-3 $\alpha$ , 17 $\beta$ -diol	S1b
Androst-4-ene-3 $\beta$ , 17 $\alpha$ -diol	S1b
Androst-4-ene-3 $\beta$ , 17 $\beta$ -diol	S1b
Androst-5-ene-3,17-dione	S1b
Androst-5-ene-3 $\alpha$ , 17 $\alpha$ -diol	S1b
Androst-5-ene-3 $\alpha$ , 17 $\beta$ -diol	S1b
Androst-5-ene-3 $\beta$ , 17 $\alpha$ -diol	S1b
Androst-5-ene-3 $\beta$ , 17 $\beta$ -diol	S1b
Androsta-1,4,6-triene-3,17-dione	S4
Androsta-1,4-diene-3,17-dione	S1a
Androstatrienedione	S4
Androstenediol	S1b
Androstenedione	S1b
Anti-estrogenic substances	S4
Anti-östrogene Substanzen	S4
Anti-Östrogen-Substanzen	S4
Aromatase inhibitors	S4
Aromatasehemmer	S4
ASS (Anabolic Androgenic Steroids)	S1a
Austausch von Urin	M2
Autologous blood using	M1
Autologous Blutdoping	M1
Azetazolamide	S5
Bendroflumethiazide	S5
Benfluorex	S6
Benzphetamine	S6
Benzylpiperazine	S6
Beta-2-Agonists	S3
Betamethason	S9
Betamethasonbenzoat	S9
Betamethasondipropionat	S9
Betamethasonvalerat	S9
Blood doping	M1
Blood spinning	S2
Blutdoping	M1
Blutzellenprodukte-Doping	M1
Bolandioli	S1a
Bolasterone	S1a

Boldenone	S1a
Boldione	S1a
Bromantan	S6
Bumetanide	S5
Buprenorphine	S7
Calusterone	S1a
Cannabinoide (Haschisch, Marijuana)	S8
Cannabinoids	S8
Canrenone	S5
Carphedon (4-Phenylpiracetam)	S6
Catheterisation	M2
Cathine (>5 mg)	S6
CERA (Methoxy polyethylene glycol-epoetin beta)	S2
CG (Chorionic Gonadotrophin)	S2
Chemical Manipulation	M2
Chemische Manipulation	M2
Chlorothiazide	S5
Chlorthalidone	S5
Chorionic Gonadotrophin (CG)	S2
Clenbuterol	S1c
Clobenzorex	S6
Clobetasolpropionat	S9
Clobetasonbutyrat	S9
Clocortolonpivalat	S9
Clocortolonpivalat hexanoat	S9
Clomiphene	S4
Cloprednol	S9
Clostebol	S1a
Cocaine	S6
Corticotrophins	S2
Corticotropin	S2
Cortison	S9
Cropropamide	S6
Crotetamide	S6
Cyclofenil	S4
Danazol	S1a
Darbepoietin (dEPO)	S2
Deflazacort	S9
Dehydrochlormethyltestosterone	S1a
Dehydroepiandrosterone (DHEA)	S1b
dEPO (darbepoietin)	S2
Desoximethason	S9
Desoxymethyltestosterone	S1a
Dexamethason	S9
Dexamethasonsulfobenzoat	S9
Dextran	S5
Dextromoramide	S7

Oxycodone	S7
Oxygen delivery enhancing	M1
Oxygen transport enhancing	M1
Oxygen uptake enhancing	M1
Oxymesterone	S1a
Oxymetholone	S1a
Oxymorphone	S7
Parahydroxyamphetamin	S6
PDGF (Platelet-Derived Growth Factor)	S2
Pemoline	S6
Pentazocine	S7
Pentetrazol	S6
Peptide hormones	S2
Perfluor chemicals	M1
Perfluorchemikalien	M1
Peroxisome proliferator activated Receptor $\delta$ (PPAR $\delta$ )	M3
Pethidine	S7
Phendimetrazine	S6
Phenmetrazine	S6
Phenpromethamine	S6
Phentermine	S6
Physical Manipulation	M2
Physikalische Manipulation	M2
Plasmaexpanders	S5
Platelet Rich Plasma	S2
Platelet-Derived Growth Factor (PDGF)	S2
Platelet-derived preparations	S2
p-Methylamphetamin	S6
PPAR $\delta$ (Peroxisome proliferator activated Receptor $\delta$ )	M3
PPAR $\delta$ -AMP	M3
Prasterone	S1b
Prednisolon	S9
Prednison	S9
Prénylamine	S6
Probenecid	S5
Prolintane	S6
Propylhexedrine	S6
Prostanozolol	S1a
Protaese	M2
Pseudoephedrine	S6
Quinbolone	S1a
Raloxifene	S4
Red blood cell products using	M1
RNA transfer	M3
Rote Blutkörperchen-Produktion	M1
RSR13 (Efaxproxiral)	M1
Salbutamol (über 100 ng/mL)	S3
Salmeterol (über 100 ng/mL)	S3

SARMs (selective androgen receptor modulators)	S1c
Sauerstoffaufnahme-, -transport- und -lieferbeschleuniger (künstlich)	M1
Sauerstofftransportverbesserer	M1
Selective androgen receptor modulators (SARMs)	S1c
Selective estrogen receptor modulators (SERMs)	S4
Selegiline	S6
Selektive Östrogen-Rezeptor-Modulatoren (SERMs)	S4
SERM s (selective estrogen receptor modulators)	S4
SERM s (Selektive Östrogen-Rezeptor-Modulatoren)	S4
Sibutramine	S6
Spirolactone	S5
Stanozolol	S1a
Stenbolone	S1a
Stimulants	S6
Stimulanzien	S6
Strychnine	S6
Tamoxifen	S4
Terbutaline (über 100 ng/mL)	S3
Testolactone	S4
Testosterone	S1b
Tetrahydrocannabinol (THC)	S8
Tetrahydrogestrinone	S1a
THC (Tetrahydrocannabinol)	S8
Thiazides	S5
Tibolone	S1c
Toremifene	S4
Transfer of cells	M3
Transfer of genetic elements	M3
Transfer of oxygen	M3
Trenbolone	S1a
Triamcinolon	S9
Triamcinolonacetonid	S9
Triamterene	S5
Tuaminoheptane	S6
Urine adulteration	M2
Urine substitution	M2
Urinveränderungen (-manipulation)	M2
Vascular-endothelial Growth Factor (VEGF)	S2
VEGF (Vascular-endothelial Growth Factor)	S2
Veränderung von Urin	M2
Wachstumshormone (hGH)	S2
Zeranol	S1c
Zilpaterol	S1c

Homologues blood using	M1
Hormone Agonists	S4
Hormone Modulators	S4
HU-210	S8
Hydocortisonaceponat	S9
Hydrochlorothiazide	S5
Hydrocortison	S9
Hydrocortisonacetat	S9
Hydrocortisonbuteprat	S9
Hydrocortisonbutyrat	S9
Hydromorphone	S7
Hydroxyethyl mannitol	S5
Hydroxyethyl starch	S5
Hydroxyethylstärke	S5
IGF-1 (Insulin-like Growth Factors)	S2
Indapamide	S5
insulinähnliche Wachstumsfaktoren (IGF-1)	S2
Insulin-like Growth Factors (IGF-1)	S2
Insulins	S2
Intravenöse Infusion	M2
Isometheptene	S6
Katheterisierung	M2
Kokain	S6
Kortikotrophin	S2
Kortikotropin	S2
L- isomers von beta-2-Agonisten	S3
Letrozole	S4
Levmethamphetamine	S6
LH (Gonadotrophins) males only	S2
LH (Gonadotrophins ) – nur Männer	S2
LH (Luteinizing hormone)	S2
L-isomers	S3
L-optical isomers of stimulants	S6
Luteinizing hormone (LH)	S2
Manipulationen (chemisch und physikalisch)	M2
Mannitol	S5
Marijuan (Cannabinoide)	S8
Marijuana (cannabinoids)	S8
maskierende Substanzen (Diuretika)	S4
Mechano Growth Factors (MGFs)	S2
Meclofenoxate	S6
Mefenorex	S6
Mephentermine	S6
Mesocarb	S6
Mestanolone	S1a
Mesterolone	S1a

Metenolone	S1a
Methadone	S7
Methamphetamine (D-)	S6
Methandienone	S1a
Methandriol	S1a
Methasterone	S1a
Methoxy polyethylene glycol-epoetin beta (CERA)	S2
Methyl-1-Testosterone	S1a
Methylamphetamine	S6
Methyldienolone	S1a
Methylenedioxyamphetamine	S6
Methylenedioxyamphetamin	S6
Methylephedrine (> 10 mg)	S6
Methylexaneamine (dimethyl pentyla mine)	S6
Methylnortestosterone	S1a
Methylphenidate	S6
Methylprednisolon	S9
Methyltestosterone	S1a
Methyltrienolone	S1a
Metolazone	S5
Metribolone	S1a
MGFs (Mechano Growth Factors)	S2
Mibolerone	S1a
Microencapsulated Haemoglobin-Produkte	M1
Microencapsulated haemoglobin products	M1
Mikrokapseln mit Hämoglobinprodukten	M1
Modafinil	S6
Mometasonfuroat	S9
Morphine	S7
Myostatin functions modifying agents	S4
Myostatin inhibitors	S4
Myostatinfunktion verändernde Substanzen	S4
Myostatinhemmer	S4
Nandrolone	S1a
Narcotics	S7
Nikethamide	S6
Norboletone	S1a
Norclostebol	S1a
Norethandrolone	S1a
Norfefrine	S6
Norfenfluramine	S6
Octopamine	S6
Ortetamine	S6
Oxabolone	S1a
Oxandrolone	S1a
Oxilofrine	S6

DHEA (dehydroepiandrosterone)	S1b
Diamorphine (Heroin)	S7
Diflorasondiacetat	S9
Diflucortolonvalerat	S9
Dihydrotestosterone	S1b
Dimethylpentylamine (Methylhexaneamine)	S6
Dimethylamphetamine	S6
D-isomers von beta-2-Agonisten	S3
Diuretics	S5
Diuretika	S5
DNA transfer	M3
D-optical isomers of stimulants	S6
Drostanolone	S1a
Efaproxiral	M1
Endrogenous ASS	S1b
Enhancement of Oxygen Transfer	M1
Ephedrine (> 10mg)	S6
Epi-dihydrotestosterone	S1b
Epitestosterone	S5
EPO (Erythropoietin)	S2
Erythropoiesis-Stimulating Agents	S2
Erythropoietin (EPO)	S2
Estr-4-ene-3,17-dione	S1a
Etacrynic acid	S5
Etacrynic Säure	S5
Etamivan	S6
Ethylestrenol	S1a
Etilamphetamine	S6
Etilefrine	S6
Exemestane	S4
Exogenous ASS	S1a
Famprofazone	S6
Fenanyl derivatives	S7
Fenbutrazate	S6
Fencamfamin	S6
Fencamine	S6
Fenethylline	S6
Fenfluramine	S6
Fenproporex	S6
Fentanyl	S7
Fentanyl derivatives	S7
Fentanyl-Derivate	S7
FGF (Fibroblast Growth Factors)	S2
Fibroblast Growth Factors (FGF)	S2
Flumethasonpivalat,	S9
Fluocinolonacetomid	S9
Fluocinonid	S9

Fluocortinbutylester	S9
Fluocortolon	S9
Fluocortolonhexanoat	S9
Fluoprednidenacetat	S9
Fluorandrenolon	S9
Fluocortolon	S9
Fluoxymesterone	S1a
Fluticasonpropionat	S9
Formebolone	S1a
Formestane	S4
Formoterol (über 100 ng/mL)	S3
Fulvestrant	S4
Furazabol	S1a
Furfenorex	S6
Furosemide	S5
Gendoping	M3
Gene doping	M3
Gestrinone	S1a
GH (Growth hormons)	S2
Glucocorticoid	S9
Glucocorticosteroide	S9
Glukokortikoid	S9
Glycerol	S5
Gonadotrophins (hCG) males only	S2
Gonadotrophins (LH, hCG) – nur Männer	S2
Growth Hormone (hGH)	S2
Growth hormons (GH)	S2
GW 1516	M3
Halcinonid	S9
Halomethason	S9
Hämoglobin products	M1
Hämoglobin-Produkte	M1
Haschisch (Cannabinoide)	S8
Hashish (cannabinoids)	S8
hCG (Gonadotrophins ) – nur Männer	S2
hCG (Gonadotrophins) males only	S2
Hematide	S2
Hepatocyte Growth Factor (HGF)	S2
Heptaminol	S6
Heroin (Diamorphine)	S7
Heterologous blood using	M1
Heterologous Blutdoping	M1
HGF (Hepatocyte Growth Factor)	S2
hGH (Growth Hormone)	S2
Homologous Blood Cell Product Use	M1
Homologous Blood Use	M1
Homologous Blutdoping	M1